



A Mobilization

Information and Resources

Guide

SECTION 4 — PAY AND BENEFITS

PAY AND BENEFITS

Pay and Benefits

- Basic pay
- Special and Incentive Pays
- Medical and Dental Care
- Commissary, Exchange, MWR
- Life Insurance
- Leave
- Reemployment Rights
- Soldiers' and Sailors' Civil Relief Act

Military Compensation — Pay and Allowances, Retirement, Benefits, Tax Advantage, SBP, and TSP

Pay Table — including BAS and Special and Incentive Pays

Allowances:

- BAH / BAH II
- CONUS COLA
- Overseas COLA
- Overseas Housing Allowance
- Dislocation Allowance

SGLI for Service Members and Families

- [Life Insurance Programs](#)
- [SGLI](#)
- [SGLI Family Coverage](#)
- [SGLI Handbook](#)

[Federal Employees' Group Life Insurance](#) and Service in a Combat Zone

[Thrift Savings Plan](#) — Military Participation in TSP

- [TSP Benefits Booklet](#)
- [TSP Election Form](#)
- [TSP for Uniformed Services](#) Frequently Asked Questions (FAQ)

[Military Leave](#) for Federal Civilian Employees

- [Military Leave](#) — FAQ

Tax Consequences on Per Diem

- [Issue Paper](#)
- Letter from the [Department of Treasury](#)
- [IRS Publication 463](#), *Travel, Entertainment, Gift, and Car Expenses*
- [Section 134 of title 26](#), United States Code—The Internal Revenue Code

[VA Benefits](#) for Guard and Reserve Members

[VA Benefits](#) for Surviving Spouse

[Free Mail](#)